



# 營養補充品 WHOLESOME NUTRITION













真正的健康從內而生，維持身體的整體系統平衡是健康的根本！  
Young Living提供一系列揉合天然精油的營養補充品，  
照顧您和家人的健康需要，助您踏上健康活力的人生。

True wellness starts from within – maintaining healthy body balance is the key to ultimate wellness! Young Living offers a range of essential oil infused nutritional products that take great care of you and your family, keeping you on track to the road of wellness and vibrancy.

## 我們的營養補充品助您輕鬆實現健康生活目標。

Achieve your goal of healthy lifestyle at ease with our supplement products.

	 整體 General	 免疫力 Immunity	 心血管 Cardiovascular	 腦部 Brain	 骨骼與關節 Bone & Joint	 肝臟 Liver	 呼吸道 Respiratory	 消化道 Digestive	 能量補充 Energy	 睡眠 Sleep	 眼睛 Eye	 抗氧化 Antioxidant
AGILEASE					▲							
ALKALIME®								▲				
COMFORTONE®								▲				
IMMUPRO		▲								▲		
INNER DEFENSE®		▲					▲					
✦ JUVATONE						▲						
LIFE 9®	▲	▲						▲				
LONGEVITY®	▲											▲
♥ MASTER FORMULA	▲							▲				
✦ MINDWISE			▲	▲								
♥ NINGXIA RED®	▲								▲		▲	▲
OMEGAGIZE <sup>3</sup> ®	▲		▲	▲	▲						▲	
SULFURZYME®					▲	▲		▲				
SUPER B			▲	▲					▲			
✦ SUPER C		▲										▲

✦ 快將推出/Coming soon

♥ 每日所需/Daily Essential

🌱 素食/Vegetarian





## NINGXIA RED®

寧夏紅營養補充飲料味道天然可口，由寧夏枸杞果泥，配上多種超級水果包括藍莓、野櫻莓、櫻桃、石榴和梨子汁、天然甜葉菊提取物及葡萄籽提取物混合而成。除了這些抗氧化成分，寧夏紅的配方還加入含純香草萃取、檸檬、甜橙、柚子和柑橘精油，含豐富天然的d-檸檬烯，有助維持能量水平及正常細胞功能，促進全身和正常眼睛健康。每日飲用這超強抗氧化飲品，有助支援及維持整體健康。

Ningxia Red® is a healthy daily supplement beverage. This sweet and tangy drink contains whole Ningxia wolfberry puree; a superfruit blend of blueberry, aronia, cherry, pomegranate, plum juices, natural stevia extract and grape seed extract. In addition to these antioxidant ingredients, NingXia Red®'s formula includes pure vanilla extract, Lemon, Orange, Yuzu, and Tangerine Essential Oils which offer the naturally occurring compound d-limonene to help support for energy levels, normal cellular function, and whole-body and normal eye health. A daily shot helps support overall wellness with powerful antioxidants.



## LIFE 9®\*

30 capsules/粒

Life 9®含有大量源自9種強效益生菌組合的活性益生菌，幫助維持腸道益菌平衡及正常功能，支持消化系統健康，從而提升整體免疫力。其獨特的雙吸附劑及乾燥劑，以及專門設計的儲存瓶及瓶蓋包裝，有效保持益生菌的效用及活躍程度。

Life 9® is a proprietary, high-potency probiotic that combines a plenty of live cultures from 9 beneficial bacteria strains that promotes healthy digestion, supports gut health, and helps maintain normal intestinal function for overall support of a healthy immune system. Life 9® is specially designed with a dual-sorbent desiccant and has a special bottle and cap that ensure your Life 9® stays fresh and effective.

\*開封後請冷藏 / Refrigerate after opening





## IMMUPRO

30 tablets/粒

ImmuPro咀嚼片特別為支援免疫系統正常運作而設，配合健康生活習慣及充足睡眠，效果更加顯著。配方以天然枸杞多醣萃取，並混合靈芝、舞茸及姬松茸粉，加強抗氧化功效。

蘊含鋅、硒及其他螯合礦物質，支援免疫系統功能的正常運作。同時內含褪黑激素，有助保持優質睡眠。

此配方以非基因改造葡萄糖代替果糖，並加入更多甜橙精油，令產品更有益，更切合您所需。這果味營養補充品清新可口，保持杞子味道，同時增加口感。

ImmuPro chewable tablet is specially formulated to provide immune system support with a healthy lifestyle and adequate sleep. It combines naturally-derived immune-supporting Ningxia wolfberry polysaccharides with a unique blend of reishi, maitake, and agaricus blazei mushroom powders to deliver powerful antioxidant activity.

ImmuPro integrates zinc and selenium to support normal immune system function along with other chelated minerals. It also delivers melatonin which supports restful sleep.

With non-GMO dextrose instead of fructose and more Orange Essential Oil than ever, this formula delivers more of what you want and less of what you don't! This delicious fruit-flavored chewable supplement keeps the same great wolfberry flavor but with a new crunchy texture.



## INNER DEFENSE®

60 softgels/粒

Inner Defense®強化全身防禦系統，製造不利酵母和真菌生長的環境，促進呼吸系統健康，配方蘊含富百里酚、香芹酚和丁子香酚的強效精油，如牛至、百里香和Thieve®盜賊精油配方，有助支援免疫系統。液體軟膠囊快速溶解，以獲得最佳效果。

Inner Defense® reinforces systemic defenses, creates unfriendly terrain for yeast and fungus, promotes healthy respiratory function, and contains potent essential oils like Oregano, Thyme, and Thieves® blend which are rich in thymol, carvacrol, and eugenol for immune system support. The softgels dissolve quickly for maximum results.



Young Living 產品不適用於診斷、治療、治癒或預防任何疾病。  
Young Living products are not intended to diagnose, treat, cure, or prevent any disease.

素食/Vegetarian





## ALKALIME®

8 oz/安士

健鹼檸檬含有檸檬和青檸精油、有機檸檬粉和礦物細胞鹽，當中礦物細胞鹽有助於支持胃部最佳pH平衡。沖劑配方有助迅速緩解胃部不適。

Alkalime® is formulated with Lemon and Lime Essential Oils, organic lemon powder, and biochemical mineral cell salts. Mineral cell salts help support optimal pH balance in the stomach. This effervescent supplement formula helps quickly soothe occasional upset stomach.



## COMFORTONE®

150 capsules/粒

ComforTone®結合天然草藥及精油，能支援消化系統健康，有助清除體內殘留廢物，維持消化系統正常運作。

ComforTone® is a combination of herbs and essential oils that supports the healthy digestive system. It helps maintain the function of removing residue from the body.



## JUVATONE®

150 tablets/粒

由強大草本複合物製成的Juvatone是有助促進肝臟健康功能的營養補充品。Juvatone是一種極好的膽鹼來源，而膽鹼是一種對維持正常肝功能及經常攝取高蛋白質人士所需的營養素。Juvatone亦蘊含肌醇和dl-甲硫氨酸，有助身體作正常排泄。而甲硫氨酸更有助於穀胱甘肽天然抗氧化劑的循環，對正常肝功能運作非常重要。其他成分如奧勒岡葡萄根(含複合黃連素)和純天然精油，有助提升整體功效。

Juvatone is a powerful herbal complex designed to promote healthy liver function. It is an excellent source of choline, a nutrient that is vital for proper liver function and necessary for those with high protein diets. Juvatone also contains inositol and dl-methionine, which help with the body's normal excretion functions. Methionine also helps recycle glutathione, a natural antioxidant crucial for normal liver function. Other ingredients include Oregon grape root, a source of the liver-supporting compound berberine, and pure essential oils to enhance overall effectiveness.



## MINDWISE®

30 sachets/包

Mindwise有助支援正常的大腦功能和維持心血管健康。

由來自秘魯亞馬遜的印加果籽經冷壓提取出純植物油，與其他中鏈三酸甘油酯結合，當中蘊含高比例的不飽和脂肪酸和Omega 3脂肪酸，成分中的專利配方由生物相同的CoQ10，乙酰左旋肉鹼和甘油磷酰膽鹼製成，經研究證實，對維持良好記憶力有幫助。Mindwise配方蘊含維他命D3、果汁、薑黃和純淨精油，有助支援心臟和大腦功能的同時，帶有水果和堅果口味，是健康美味的營養補充品。

Mindwise is a premium supplement that supports normal brain function and maintains cardiovascular health. With a vegetarian oil made from cold-pressed sacha inchi seeds harvested from the Peruvian Amazon and other medium-chain triglyceride oils, MindWise has a high proportion of unsaturated fatty acids and Omega-3 fatty acids. Mindwise also includes our proprietary memory function blend made with bioidentical CoQ10, ALCAR, and GPC—ingredients that have been studied for their unique benefits. Plus, Mindwise provides a generous amounts of vitamin D3. The combination of fruit juices and extracts turmeric and pure essential oils give this heart and brain health supplement with fruity and nutty flavor.





## MASTER FORMULA

30 packets/包

Master Formula是全面的多元維他命營養補充品，為身體提供每日所需的優質營養成分及支援腸道健康的益生元組合，營養成分包括維他命B1、B2、B3、B5、B6、B9，維他命K、K2，維他命D、D3，礦物質、抗氧化劑及其他源自食物的營養素，有助中和體內自由基，支援整體健康。透過SSI技術提取營養素，並以3種不同的形式呈現，在相互協作下發揮功效，讓身體攝取均衡營養。

Master Formula is a full spectrum, multi-nutrient complex and a combination of prebiotics that supports gut health. The premium vitamins such as vitamin B1, B2, B3, B5, B6, B9, vitamin K, K2, vitamin D, D3, minerals, antioxidants and food-based nutriment that help neutralize free radicals in the body and support general health and well-being. By utilizing a Synergistic Suspension Isolation process – SSI Technology – ingredients are delivered in three distinct delivery forms. Collectively, these ingredients provide a premium, synergistic complex to support your body.



## SUPER B

60 tablets/粒

Super B蘊含8種身體不可缺少的維他命B雜（B1、B2、B3、B5、B6、B7、B9及B12），提供全面多元維他命，有助增強身體活力和能量。結合肉荳蔻精油和礦物質，不僅有助於維持健康能量水平，更可支援情緒和正常的心血管和認知能力。維他命B雜是維持神經健康的重要營養元素，對紓緩偶發性的緊張情緒有一定幫助。維他命B對維持身體健康非常重要，每一種維他命B在體內發揮獨特的功能。由於人體一般不會儲存水溶性維他命，所以必須定期攝取營養補充品以補充所需。

Super B is a comprehensive vitamin complex containing all eight essential, energy-boosting B vitamins (B1, B2, B3, B5, B6, B7, B9 and B12). Combined with Nutmeg Essential Oil and minerals, Super B not only assists in maintaining healthy energy levels, but also supports mood, normal cardiovascular and cognitive function. Vitamin B complex is an important nutrient for maintaining nerve health that can help relieve occasional tension. B vitamins are essential to our health and well-being. Each B vitamin performs a unique and separate function in the body and they must be replenished daily, as they are not stored in the body.



## SUPER C

120 tablets/粒

維他命C是強大的抗氧化劑，是人體所需的重要維他命之一。每份Super C所含維他命C為美國每日建議攝取量之2,166%，為人體補充不能自行製造的維他命C，當中亦蘊含蘆丁、柑橘生物類黃酮和礦物質等成分，有助維持身體電解質平衡，以及提高維他命C的吸收和功效。Super C中的精油成分或有助強化生物類黃酮的活性，支援正常免疫和循環功能，促進整體健康和活力。

Vitamin C is a powerful antioxidant and one of the most important vitamins required by our bodies. Yet, our bodies cannot manufacture vitamin C. Super C not only contains 2,166% of the recommended dietary intake of vitamin C per serving according to the US Daily Value, but it is also fortified with rutin, citrus bioflavonoids, and minerals to balance electrolytes and enhance the effectiveness and absorption of vitamin C. The essential oils that are added in Super C may also increase bioflavonoid activity and play a significant role in supporting normal immune and circulatory functions and promote overall health and vitality.







## LONGEVITY®

30 softgels/粒

Longevity®軟膠囊蘊含脂溶性抗氧化劑，包括優質純淨的乳香、丁香、百里香及甜橙等精油，提供強效優秀的抗氧化功能。

Longevity® is a blend of fat-soluble antioxidants which contains pure essential oils like Frankincense, Clove, Thyme and Orange.



## OMEGAGIZE<sup>3</sup>®

120 capsules/粒

OmegaGize<sup>3</sup>®魚油蘊含Omega 3脂肪酸、維他命D3及輔酶Q10，這些天然成分有助支援正常腦部、心臟、眼睛和關節健康。獨特配方含豐富DHA魚油外更加入純淨精油配方，可幫助維持整體健康。

OmegaGize<sup>3</sup>® contains powerful nutrients including Omega-3 fish oil, CoQ10, and vitamin D3. These natural ingredients support normal brain, heart, eye, and joint health. With a proprietary blend of essential oils, encapsulated in a liquid ocean capsule, OmegaGize<sup>3</sup>® supports general health and wellness.



## SULFURZYME®

300 capsules/粒

Sulfurzyme®的超級配方蘊含活性成分—寧夏枸杞，幫助加強硫的代謝及提升身體營養吸收。配合身體所需的天然有機硫MSM，有助維持體內細胞健康，支援肝臟、關節、腸道的正常運作，有助排毒及增強整體免疫力。

Sulfurzyme® utilizes an advanced formula with powerful active ingredients. Containing nutritious Ningxia wolfberries, Sulfurzyme® helps support metabolism of sulfur and aids absorption. Featuring MSM, a naturally occurring organic sulfur needed by our body to maintain normal cell health, supports every important body system including liver, joint, proper intestinal function, promotes detoxification and aids in the body's natural defense system.



## AGILEASE

60 capsules/粒

AgilEase 有助支援關節及筋腱健康，改善關節靈活性及活動能力，是健康好動生活的好夥伴。揉合多種保護關節健康的高效成分，如乳香粉、膠原蛋白—非變性(原性)二型膠原蛋白、以及由冬青、苦配巴、丁香和北極光黑雲杉等精油所配製的獨特配方。

AgilEase supports joint health in healthy individuals who are looking to gain greater mobility and flexibility. It combines the powerful ingredients that are known for joint health benefits such as frankincense powder, UC-II undenatured collagen, and a specially formulated proprietary essential oil blend of Wintergreen, Copaiba, Clove, and Northern Lights Black Spruce. AgilEase is the perfect companion to an active lifestyle, promoting healthy joint function.





We take the stewardship of our planet seriously. Our state-of-the-art production process brings you the purest oils on Earth.

*We call it*  
**SEED<sup>TO</sup>SEAL<sup>®</sup>**

*It's not a slogan—it's our calling.*



To learn more about us, visit  
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[YoungLiving.com/blog/hong-kong](http://YoungLiving.com/blog/hong-kong)



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